

FAMILY INVOLVEMENT IN CARE (FIC) INTERVENTION

The **Family Involvement in Care (FIC) Intervention** includes the following main steps:

1. Orient family to the setting and to the idea of partnership

- a. Introduce the primary family member to key leaders and staff
- b. Conduct a tour of your facility care center or area
- c. Review care philosophies, policies or practices
- d. Introduce the idea of being partners in care
- e. Review and sign the “Statement of Partnership Intent”

2. Educate staff

- a. Caring for persons with dementia, including role adjustments that often occur for persons with dementia in new care situations and ways to best respond
- b. Family caregiving roles, including information about common role adjustments in new care situations and best ways to respond to families
- c. Negotiation skills: What that means in dementia care
- d. Partnership formation, including the reasons, benefits, and ways partnerships can be approached
- e. Forming, maintaining, and ending partnerships with family members

3. Negotiate and form a partnership agreement with family

- a. Discuss goals and activities for the person with dementia
- b. Settle on mutually agreeable goals and activities
- c. Put the agreement in writing
- d. Decide when the agreement will be reviewed again

4. Educate family members about staying involved in care

- a. Information about dementia
- b. Information about role adjustments as the person’s need change
- c. Ways to best communicate with staff caregivers to address care needs
- d. Ways to partners in care with staff; what partnership means/how it works

5. Evaluation and Re-negotiation of the agreement as needed

- a. Schedule time for key leader and key family to talk by phone or in person
- b. Key staff leader seeks feedback and suggestions from both family and staff about how things are going (e.g., as planned, not working, new problem)
- c. Changes are made as needed, OR another discussion is undertaken at the next care or service planning meeting between family and staff