# Family Perceptions of Caregiving Role (FPCR)

## Description

The FPCR is an 81 item self-report tool developed to measure multiple dimensions of family member stress associated with an institutionalized AD relative. The content of the instrument was derived from the Person/Environment Fit and Interaction theoretical framework. The FPCR parallels the Staff Perceptions of Caregiving Role (SPCR).

#### Reliability

# Currently we are using a subscale structure revised from the original:

| Conflict with staff | Items 1, 2, 7, 10, 11, 15, 16, 19, 41, 54 |
|---------------------|---|
| Captivity           | Items 23, 34, ,49, ,56, 57, 59, and 61    |
| Guilt               | Items 25, 26, 28, 29, and 33              |
| Loss                | Items 46, 47, 48, 50, 51, 53, 55          |

Hassle items (62-81) are treated as a separate scale. Family members, as well as staff, had some difficulty with these items and we have not reported results for the hassle subscale.

Using baseline data from the Phase II study, Cronbach's alphas were .73 for the Loss subscale, .70 for the Guilt subscale, .81 for the Captivity subscale, and .84 for the Conflict subscale.

**Note:** *Items 4, 7, 12-14, 17-19, 33, 41-43 need to be reversed (1=7, 2=6, 3=5, etc.) before scores are calculated.* 

#### **Original Subscale Composition**

| Role   | Outsider-insider Primary-secondary Control-no control Conflict-no conflict Interactions/negotiations with staff | Items 1-5, 20<br>Items 6,12,13,14<br>Items 7,9,10,11,19<br>Items 8,15-18<br>Items 41-43                              |
|--------|---|--|
| Burden | General Embarrassment Guilt Anger/resentment Anxious/depressed Hassled  | Items 22,23,30,32,34,37,38,39<br>Items 24,36<br>Items 25,26,28,40<br>Items 21,27,31,35<br>Items 29,33<br>Items 62-81 |
| Loss   | General<br>Grief/sorrow<br>Role deprivation/captivity   | Items 44-49<br>Items 50-55<br>Items 56-61  |

#### Development History

Developed by the investigators (Maas and Buckwalter). Some items were adapted from The Burden Inventory (Zarit, Orr & Zarit, 1985) and Kinney and Stephen's (1989) Hassle's Scale. Items concerning grief, role deprivation, and role captivity were adapted from measures developed by Pearlin, Mullan, Semple, and Skaff (1990).